

## MAIN MENU

### Cominciare ~ Pre Starters

**Pane All'Aglio** £2.80  
Traditional Italian garlic bread

**Bruschetta Pomodoro** £3.60  
Toasted Italian bread topped with marinated tomatoes and basil

### Antipasti Freddi ~ Cold Starters

**Prosciutto Crudo con Melone** £5.50  
Slices of honey melon topped with parma ham

**Insalata Caprese** £5.20  
Italian baby mozzarella with sliced tomato and basil

**Antipasto di Roma** £6.20  
Hors-d'oeuvre of the house

**Gamberetti** £6.50  
Prawns in cocktail sauce

**Carpaccio di Bresaola** £6.50  
Thinly cured beef slices dressed with extra virgin olive oil and parmesan shavings served on a bed of rocket

**Pate de la Casa** £5.50  
Smooth chicken liver pate served with toasted bread

### Antipasti Caldi ~ Hot Starters

**Mozzarella Fritti** £5.40  
Deep fried mozzarella sticks with tomato and garlic sauce

**Calamari Fritti** £6.50  
Deep fried squid with salad

**Gamberoni alla Fiamma** £7.90  
Tiger prawns sautéed in garlic, white wine and butter lemon sauce

**Cozze Marinara** £6.80  
Fresh mussels cooked with white wine, garlic and Napolitan sauce

**Minestrone Vegetariana** £4.50  
Traditional Italian soup

### Insalata ~ Salads

**Insalata Mista** £4.00  
Mixed salad

**Insalata Pomodoro con Cipolle** £3.00  
Slices of tomato and red onion

### Side Dishes

Mixed Olives £3.50

Fries £2.00

Sauteed Potatoes £2.00

Garlic Mushrooms £3.50

Fried Vgetables	£3.50
<b>Pizza</b>	
<b>Margherita</b> Tomato and mozzarella	£8.50
<b>Pizza Marco</b> Tomato, mozzarella, bacon and smoked sausage	£10.50
<b>Pizza Funghi e Prosciutto</b> Tomato, mozzarella, mushroom and ham	£9.90
<b>Pizza Tropicana</b> Tomato, mozzarella, ham and pineapple	£9.90
<b>Pizza Trattoria</b> Tomato, mozzarella and pepperoni	£9.80
<b>Pizza Vegetariana</b> Tomato, mozzarella and selection of vegetables	£9.50
<b>Pizza Mare</b> Tomato, mozzarella and fresh sea food	£10.50
<b>Calazone</b> Folded pizza filled with onions, mushroom, ham and pepperoni	£10.50
<b>Pizza Roma</b> Tomato, mozzarella, mushroom and chicken	£10.50
<b>Le Paste ~ Pastas</b>	
<b>Spaghetti Bolognese</b> Spaghetti with traditional bolognese sauce	£9.10
<b>Spaghetti Carbonara</b> Spaghetti with bacon, garlic, cream, parmesan and egg yolk	£8.80
<b>Lasagne al Forno</b> Layers of pasta, meat and béchamel sauce, baked brown and bubbling	£9.50
<b>Penne Arrabiata</b> Penne pasta tossed in fresh chilli, garlic and rich tomato sauce	£8.10
<b>Spaghetti Frutti di Mare</b> Fresh mixed sea food and red tomato sauce	£11.50
<b>Tagliatelle al Salmone</b> Ribbons of pasta cooked with smoked salmon, peas and creamy tomato sauce	£10.50
<b>Penne Funghi Crema</b> Penne with mushrooms and cream sauce	£8.90
<b>Canneloni Ripiene</b> Pasta leaves stuffed with spinach and cheese with Napolitan sauce and mozzarella	£9.50
<b>Tortelloni al Funghi Crema</b> Pasta stuffed with spinach and cheese with mushroom cream sauce	£10.50
<b>Tagliatelle pollo Saffron</b> Tagliatelle with chicken and asparagus cooked in saffron and cream	£12.90
<b>Penne Trattoria</b>	£9.50

Penne pasta with spicy sausage, cream and tomato sauce	
<b>Risotto al Pescatore</b>	£11.50
Rice with sea food and light tomato sauce	
<b>Risotto con Funghi</b>	£9.60
Rice with mushroom, peas, light tomato sauce and Parmesan cheese	
<b>Vitello ~ Veal</b>	
All dishes served with sautéed potatoes	
<b>Vitello al Salvagio</b>	£15.90
Slices of veal, pan fried with butter in mushroom white wine sauce	
<b>Vitello Porto</b>	£15.90
Slices of veal pan fried in onion and port sauce	
<b>Saltimbocca Romana</b>	£15.90
Slices of veal topped with Parma ham and mozzarella cheese in light tomato and marsala sauce	
<b>Vitello Milanese</b>	£15.90
Breaded slices of veal accompanied by spaghetti napoli	
<b>Carne ~ Steaks</b>	
All dishes served with sautéed potatoes	
<b>Bistecca al Pepe Verde E Nero</b>	£18.50
Prime sirloin steak with green and black peppercorns and brandy, demi-glazed with cream sauce	
<b>Bistecca Diana</b>	£18.50
Prime sirloin steak in mushroom, mustard brandy and cream sauce	
<b>Bistecca alla Griglia</b>	£17.50
Prime sirloin steak (cooked as requested)	
<b>Filetto alla Griglia</b>	£20.90
Prime fillet steak (cooked as requested)	
<b>Filetto alla Pizzaiola</b>	£22.50
Prime fillet steak in garlic, capers, olives and rich Napolitan sauce	
<b>Bistecca Cosa Nostra</b>	£23.50
Slices of prime fillet steak with slices of veal topped with champagne and paprika sauce (Mamamia!)	
<b>Pollo ~ Chicken</b>	
All dishes served with sautéed potatoes	
<b>Pollo Forrestra</b>	£12.90
Chicken breast with bacon and mushroom in white wine cream sauce	
<b>Pollo Cacciatore</b>	£12.90
Chicken breast with onion, peppers, rosemary, mushroom, black olives, and garlic in white wine tomato sauce	
<b>Pollo alla Toscana</b>	£12.90
Chicken breast with pineapple, fresh chilli, garlic in white wine tomato sauce	
<b>Pollo Sorrentino di Prosciutto</b>	£13.50
Chicken breast and dolcelatte cheese in white wine and cream sauce garnished with parma ham	

<b>Pollo Speciale</b>	£12.90
Chicken breast with banana, sambucca cream sauce	
<b>Pollo alla Milanese</b>	£14.90
Breaded breast of chicken accompanied by spaghetti bolognese	
<b>Pesce ~ Sea Food</b>	
<b>Salmone Mediterraneo</b>	£14.90
Char-grilled salmon steak cooked in cream and white wine sauce, served with sautéed potatoes	
<b>Gamberoni al Pepperoncino</b>	£14.50
King prawns sautéed with garlic, chilli, white wine and tomato sauce, served with risotto	
<b>Gamberoni alla Roma</b>	£15.80
King prawns and calamari with mushrooms, paprika and Martini sauce, served on a bed of tagliatelle	
<b>Gamberoni alla Bianco</b>	£14.90
King prawns with brandy, garlic and parsley wine cream sauce, served with tagliatelle pasta	
<b>Seabass alla Limone</b>	£16.80
Grilled sea bass cooked with butter and lemon sauce, served with sautéed potatoes	
<b>Dolci ~ Sweets</b>	
<b>Tiramisu</b>	£5.20
Traditional Italian dessert	
<b>Cassata Siciliano</b>	£4.60
Cream and pistachio ice cream, dried fruit and chocolate chip	
<b>Italian Cheesecake</b>	£5.20
<b>Profiteroles</b>	£4.60
Choux pastry balls filled with fresh cream and covered in chocolate	
<b>Gelato Al Limone</b>	£4.60
Lemon Sorbet	
<b>Pannacotta</b>	£5.20
Vanilla cream base desert "one of Italy's favorites"	
<b>Affogato</b>	£4.60
Vanilla ice cream topped with a shot of espresso	
<b>Tropicana</b>	£5.90
Italian vanilla ice cream, fruit cocktail and Malibu liqueur with strawberry sauce	
<b>Roma Speciale</b>	£6.50
Italian vanilla ice cream, chocolate sauce, Amaretto liqueur	
<b>Drinks</b>	
Coke	£2.20
Diet coke	£2.20
Fanta	£2.20
Sprite	£1.80

Irn Bru	£2.20
Still water	£2.60
Sparkling water	£2.60
Fresh orange juice	£1.80
Appletise	£2.60
Ginger Beer	£3.50
Soda water	£1.80
Selection of spirits (25ml)	£3.60
Mixers	£0.60
Selection of liqueurs (25ml)	£4.20
Italian Birras - Selection of beers	£3.60
Lager Shandy	£4.90